The Secret of

Inner Beauty

Part 1: Love

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Introduction

What is the secret of inner beauty?

The answer is quite simple. People who allow "the fruit of the spirit" to grow within them will be people known for their beautiful personality.

The Bible says, "But the fruit of the spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control." (Galatians 5:22)

These are the very qualities that create inner beauty and an attractive personality. Each week we will focus in-depth on one of these qualities.

Looking Through the Eyes of Love

1. Believe _____

"Love always looks for the best… " (1 Corinthians 13:7)

When somebody does something questionable, give them the benefit of the doubt. Put the best construction on it. Instead of being holier-than-thou and judging people, look at them through the eyes of love and cut them some slack.

2. A few kind words _____

"Gentle words bring life and health…" (Proverbs 15:4)

It's amazing what a few kind words will do. You can have a powerful impact upon someone simply by saying, "Hey, everything's going to be alright. I'm praying for you. I believe in you. You've got good days up ahead." Those words have healing power.

3. Know _____

"Be humble and gentle. Be patient with each other, making allowance for each other's faults because of your love." (Ephesians 4:2)

Instead of being critical and writing people off, take time to get to know them. The truth is, people are the way they are for a reason. If we understood what they've gone through, we wouldn't be so quick to judge them.

4. Be the one to _____

"We who are strong ought to bear with the failings of the weak …" (Romans 15:1)

The world needs a few more "Ms. Thompsons" – those who lighten the load for others. You can be the Ms. Thompson in someone's life. You can be the difference maker.