

Living with a Margin

Making Space to Slow the Pace of Your Life



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Definition

Margin is the space between _____ and _____

The Benefits of Living with a Margin

- Healthier _____
- Healthier _____
- Healthier _____
- Available _____

First Steps to Living with a Margin

1. **Accept** _____

"I have learned that everything has limits." (Psalm 119:6)

2. **Expect** _____

"In this world you will have troubles." (John 16:33) "Sensible people will see trouble coming and avoid it, but an unthinking person will walk right into it and later regret it." (Proverbs 22:3)

3. **Add** _____

"It is senseless for you to work so hard from early morning until late at night ... God wants His loved ones to get their proper rest." (Psalm 127:2)

4. **Prune** _____

"There's a time to keep things and there's a time to throw things away." (Ecclesiastes 3:6)

5. Walk _____

“Are you tired? Worn out? Burned out? Come to Me. Get away with Me and you’ll recover your life. I’ll show you how to have a real rest. Walk with Me and work with Me – watch how I do it. Learn the unforced rhythms of grace. I won’t lay anything heavy or ill-fitting on you. Keep company with Me and you’ll learn to live freely and lightly.” (Matthew 11:28-30)