

# Mastermind

## *Part 2: Training Your Mind*



MASTERMIND

CHANGE YOUR THINKING, CHANGE YOUR LIFE.

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**Your life is always moving in the direction of your strongest thoughts.** What comes into your mind comes out in your life. You cannot have a positive life when you have a negative mind.

### **Paul in Prison**

"Rejoice in the Lord always! I will say it again: Rejoice! ... Don't worry about anything. Instead, pray about everything. Tell God what you need and thank Him for all He has done. If you do this, you will experience God's peace, which is far more wonderful than the human mind can understand. His peace will guard your hearts and minds as you live in Christ Jesus.

"Fix your thoughts on what is true and honorable and right. Think about things that are pure and lovely and admirable. Think about things that are excellent and worthy of praise. Keep putting into practice all you learned from me and heard from me and saw me doing, and the God of peace will be with you." (Philippians 4:4-9)

*"Two men look out through the same prison bars: one sees the mud, and the other sees the stars."*

## **Fix Your Thoughts**

"I can do all things through Christ who gives me strength."  
(Philippians 4:13)

"Be strong and courageous ... for the Lord your God will be with you wherever you go!" (Joshua 1:9)

"All things work together for good for those who love God..."  
(Romans 8:28)

## **Psalm 23**

"The Lord is my shepherd, I shall not want.

"He makes me lie down in green pastures, He leads me beside still waters, he restores my soul.

"He guides me in paths of righteousness.

"Even though I walk through the valley of the shadow of death, I will fear no evil, for You are with me; Your rod and Your staff, they comfort me.

"You prepare a table before me in the presence of my enemies.  
You anoint my head with oil. My cup overflows

"Surely goodness and mercy shall follow me all the days of my life,  
and I will dwell in the house of the Lord forever."