

Emotional Vampires

Part 1:
Look in the Mirror



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You Make Me Crazy!

Look in the Mirror:

In any relationship,
half the problem is *you!*

Three Things I Should Never Do

1. I won't _____ you.

"Any fool can start an argument: the wise thing is to stay out of them." (Proverbs 20:3)

Three things we do that antagonize people:

- C _____
- C _____
- C _____

2. I won't _____ you.

"Let everyone see that you are considerate..." (Philippians 4:5)

"Considerate" means: "Mindful of the feelings of others."

The two biggest mistakes we make in relationships:

- We react to what people say and ignore how people feel.
- We invalidate any feelings that we don't feel ourselves.

3. I won't _____ you.

"Love forgets mistakes; nagging about them parts the best of friends." (Proverbs 17:9)

Next Week

Who's Pushing Your Buttons?

Emotional Vampires – Part 2