

# Emotions



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# Angry Like Jesus

Jesus entered the Temple courts and drove out all who were buying and selling there. He overturned the tables of the money changers and the benches of those selling doves. "It is written," He said to them, "My House will be called a House of Prayer, but you are making it a den of thieves!" (Matthew 21:12-13)

## When Jesus Got Angry

1. It's \_\_\_\_\_ to get angry.

In your anger, do not sin. Don't let the sun go down while you are still angry, and do not give the devil a foothold." (Ephesians 4:27)

2. It's better to be known for \_\_\_\_\_.

I want to be like Jesus. I want to be known for my love, not my anger. Don't you?

3. He was angry on behalf of \_\_\_\_\_.

Jesus wasn't offended at how other people treated Him, but His heart broke when He saw the mistreatment of others.

Suggestion: Do an "Anger Audit." Look into your own heart and just ask yourself: What is it that makes me angry nowadays? Who am I ticked off at? Why am I so easily agitated?

If I find myself angry for weeks, and I'm feeling justified in my anger, maybe the problem isn't out there. Maybe it's in here. Maybe I might want to ask God for some healing in my own heart and let His Holy Spirit do some work in me.

4. He flipped \_\_\_\_\_, He didn't flip \_\_\_\_\_.

He transformed it from a "table-flipping moment" to a "people-loving moment."

The blind and the lame came to Him at the Temple, and He healed them. (Matthew 21:14)