

# Emotions



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# Fighting Frustration

All of us have secret frustrations – things that we want God to change, things we know God *could* change. We know that God could open up that door, or He could remove that temptation from your life, or He could give you the baby you've been dreaming about – but it's not happening.

Here's my advice to you: Don't get stuck on the "why" questions. You have to trust that He knows what's best for you.

## 1. Don't let the thorns \_\_\_\_\_.

The Apostle Paul, who wrote about half the New Testament, talked about those secret frustrations. God used Paul in a great way, but, as effective as Paul was, he had a secret frustration. He called it a "thorn in the flesh."

If anybody ever had pull with God, it was Paul. But what's interesting is that God never removed that thorn.

Paul wrote what God's answer to him was: **"My grace is all you need. My power works best in weakness."** (2 Corinthians 12: 9)

2. Don't focus on \_\_\_\_\_.

Paul could have gone around thinking, *God, why won't You remove this thorn?* If he had gotten stuck on the "whys" of life, he would have been miserable every day and missed all the other good stuff. We do the same when we keep asking why God hasn't changed our child or caused our business to grow. Faith is trusting God when life doesn't make sense.

Remember Smith Wigglesworth... He had this attitude: *Your grace is sufficient for every situation. Even when I don't understand it, even when it doesn't seem fair, I'm still going to trust You. I'm not going to let this frustration keep me from my destiny.*

3. Walk in a \_\_\_\_\_.

God never removed Moses' speech impediment ...

Are you waiting for God to remove something before you can be happy? You have what you need. If God's not providing it, you don't need it. If God's not removing it, it's not an accident. If God's not changing what you want changed, there is a reason. You may not see it, it may not make sense to you, but you have to trust Him. God has your best interests at heart.

Come back to that place of peace.