

# Rethinking Your Life



Dr. Jeff King  
Christ Lutheran Church  
Southwick, Massachusetts

# Power Thinking

Instead of thinking weak, defeated, not-able-to thoughts, you need to think power thoughts.

Your life will follow your thoughts.

The Bible says, "Be careful what you think, because your thoughts run your life." (Proverbs 4:23)

## The Rules of Power Thinking

1. \_\_\_\_\_ is already promised.

When Moses sent twelve men to spy out the Promised Land, they came back and said, "Moses, we'll never defeat them. The people are huge. They look like giants. We don't have a chance."

Two of the spies, Joshua and Caleb, came back with a different report. They said, "Moses, we are well able to take the land. Yes, the people are big, but we know God is bigger. Let us go in at once and take it." (See Numbers 13:26-33)

2. You can't \_\_\_\_\_ like everybody else.

"Do not think like everyone else does. Don't be afraid that some plan conceived behind closed doors will be the end of you. Do not fear anything except the Lord Almighty. If you fear Him, you need fear nothing else." (Isaiah 8:13)

3. Who \_\_\_\_\_ that?

In the Garden of Eden, God said, "Adam, who told you that you are naked?" (Genesis 3:11)

4. Get rid of that \_\_\_\_\_ thinking.

Mephibosheth had "dead-dog thinking." (2 Samuel 9:8)

Too many of us have "dead-dog thinking, too. *I don't deserve to be blessed. I've had too many bad breaks. People dropped me.*

*Lo Debar* means "without pasture." Mephibosheth was living in the slums of the city with no pastures, no crops, no greenery. But he thought he deserved nothing better.