## What I Want Most



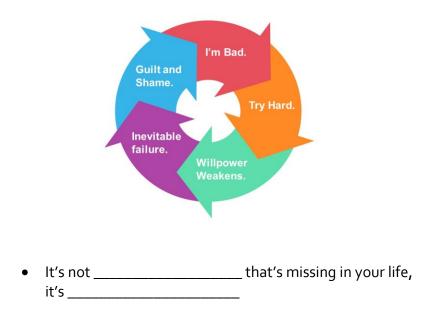
## Dr. Jeff King Christ Lutheran Church Southwick, Massachusetts

## Help, I'm Out of Control!

"I really don't understand myself. For I want to do what is right, but I don't do it .... I want to do what is good, but I don't. I don't want to do what is wrong, but I do it anyway." (Romans 7:15-19)

- Discipline is choosing what you want \_\_\_\_\_\_
  over what you want \_\_\_\_\_\_
- \_\_\_\_\_ don't determine who you become.
  \_\_\_\_\_ determines who you become.
- \_\_\_\_\_ doesn't work.

"Oh, what a miserable man I am!" (Romans 7:24)

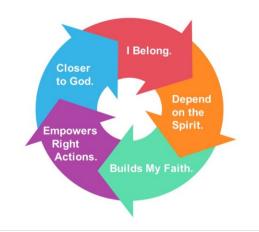


The Cycle of Shame

"Who will free me from this life that is dominated by sin and death? Thank God! The answer is Jesus Christ our Lord!" (Romans 7:24-25)

- The devil wants you to think you are what you \_\_\_\_\_.
  You are who God says you \_\_\_\_\_.

## The Cycle of Strength



You will change when your identity changes. It's not behavior modification. It's spiritual transformation. And, suddenly, you're not shame-driven, you're Spirit-led.