

New Year, New You

Part 2: A Matter of Integrity



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A Matter of Integrity

Integrity is when your _____ matches your beliefs.

Integrity comes from the Latin root word *integer* which means *whole, complete, unified*.

What would our life look like if it was truly integrated?

- A truly integrated life is when what you show on the outside is a true reflection of what you believe on the inside.
- God wants us to be whole, complete, integrated people. But, without even knowing it, we often live a very compartmentalized life.
- As followers of Jesus, we want to be holistic followers of Jesus. We want Jesus to direct all the parts of our life.

Integrity is who you are when no one's looking.

What's your integrity worth?

The Integrity Test

“Search me, God, and know my heart; test me and know my anxious thoughts. See if there is any offensive way in me and lead me in the way everlasting.” (Psalm 139:23-24)

Three Areas to Examine

- **Where am I most _____?**
Where I’m the most defensive reveals where I’m the most vulnerable.
- **What don’t I want _____?**
What is it that I’m hiding when I’m keeping my private life away from others?
- **What do I _____?**
What I criticize the most is often a reflection of where I’m the weakest. What I most harshly judge in others is often what I myself struggle with.