

# Encourage U



**Dr. Jeff King**  
**Christ Lutheran Church**  
**Southwick, Massachusetts**

# Approve of Yourself

1. God is the \_\_\_\_\_. We are the \_\_\_\_\_.

You're not a finished product. God is still working on you!

He's making and molding you. It may not be happening as fast as you would like, but you don't control the timetable. So, you've got to just trust Him in the process.

The problem with not liking yourself is that you're the only person you can never get away from.

2. Be happy with \_\_\_\_\_.

It's powerful when you can say, "I like who I am. I feel good about myself. I'm proud to be who God made me to be."

Put your foot down and say, "That's it. I'm done focusing on my weaknesses. I am a child of the Most High God. I am redeemed, restored, and forgiven. I am a work in progress, and I'm going to enjoy where I'm at right now."

3. You are \_\_\_\_\_.

"Before you were formed in your mother's womb, God knew you and approved you." (Jeremiah 1:5)

You're not a surprise to God. He knows every area in which you would ever struggle. That's why He has you on the Potter's wheel. You're not defective, you're not a mistake. When God created you, He called you a masterpiece. He stepped back and said, "That was very good."

His approval is not based on your performance, it's based on your relationship.

4. "As you \_\_\_\_\_."

Jesus said, "Love your neighbor as you love yourself." (Mark 12:31)

Why did Jesus say that? Because: You can't love your neighbor if you don't first love yourself. You can't give away something you don't have.