

# No Offense



Dr. Jeff King  
Christ Lutheran Church  
Southwick, Massachusetts

# No Offense

## Part 4: Write Your Own Headlines

Not all headlines are true ...

- "Titanic Sinking; No Lives Lost."
- "Dewey Defeats Truman."
- "Babies Will Disappear in the Next One-Hundred Years, Except Imported Ones."

Some headlines are kind of funny ...

- "Hospitals Resort to Hiring Doctors."
- "Rally Against Apathy Draws Small Crowd."
- "Woman Accidentally Joins Search Party Looking for Herself."

You can't always change your \_\_\_\_\_.

But you can change your \_\_\_\_\_.

- If you're a follower of Christ, your life is not defined by somebody else's headline.
- Cognitive Reframing: Shifting your mindset to look at a situation or a relationship from a positive perspective.

Pauls' Perspective:

"Now I want you to know, brothers and sisters, what has happened to me has actually served to advance the Gospel."  
(Philippians 1:12)

"As a result, it has become clear throughout the whole palace guard and to everyone else that I am in chains for Christ. And because of my chains, most of the brothers and sisters have become confident in the Lord and dare all the more to proclaim the Gospel without fear." (Philippians 1:12-14)

- Paul doesn't buy into the negative headlines. He writes his own headline: "Roman Plan Backfires; Paul Preaches to Captive Audience."

If you change your \_\_\_\_\_,

you change your \_\_\_\_\_.