

# **I Quit!**

**Week 1:  
I Quit Making Excuses**



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## Making Excuses: A Case Study

But Moses pleaded with the Lord, "O Lord, I'm just not a good speaker. I never have been, and I'm not now – I'm clumsy with words."

"Who makes mouths?" the Lord asked him. "Who makes people so they can speak or not speak, hear or not hear, see or not see? Is it not I, the Lord? Now go, and do as I have told you. I will help you speak well, and I will tell you what to say." (Exodus 4: 10-12)

### 1. Do what you \_\_\_\_\_ do.

"Now go, and do what I have told you." (Exodus 4:12)

Now go! Delayed obedience is disobedience.

Don't over spiritualize everything. Do what you know you can do.

### 2. Trust God to do what you \_\_\_\_\_ do.

"I will help you..." (Exodus 4: 12)

God won't help you until you go!

It's just like a father teaching a child to ride a bike.

# I Quit Making Excuses

## It's Quitting Time!

### 1. What would you like to be different about your life?

The next 30 minutes will be life-altering for many of you!  
Some will find an excuse not to apply this message.

### 2. As soon as I decide to be different, Satan gives me an \_\_\_\_\_ to stay the same.

Jesus said, "Come! Everything is now ready for you!"  
But they all alike began to make excuses. (Luke 14:17)

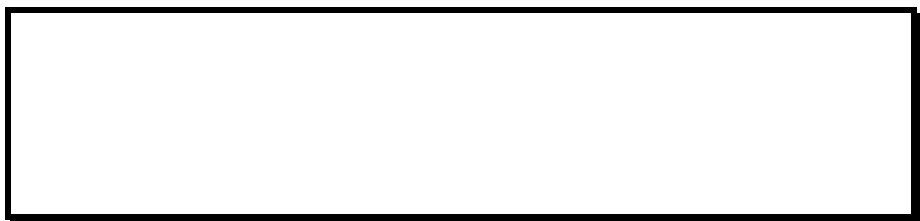
### 3. We need more than \_\_\_\_\_. We need \_\_\_\_\_.

Good intentions are Me-centered.  
God intentions are God-centered.

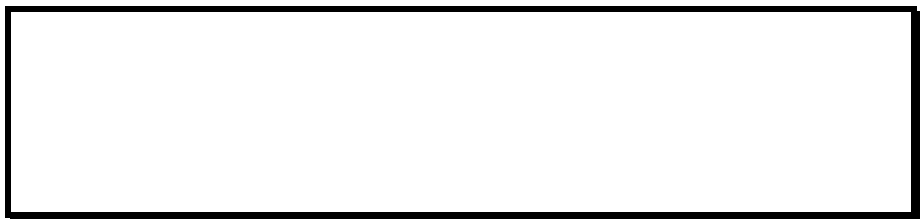
New Year's Resolutions:  
40% don't make it until the end of the week.  
88% don't make it until the end of the month.

## Connecting the “Why” to the “What”

What does God want to be different about your life?

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Why does God want this part of your life to be different?

A large, empty rectangular box with a thick black border, intended for the user to write their response to the question above.

If God wants something for my life ... and I want something for my life ... no excuse can keep it from happening!