

I Quit!

**Week 2:
I Quit Taking People for Granted**



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I Quit Taking People for Granted

Four Affirmations

1. Today I will _____

The Bible says that Solomon was the wisest man who ever lived. His book of wisdom encourages a husband to look his wife in the eyes and tell her, "There are many wonderful women in the world, but you surpass them all!" (Proverbs 31:29)

2. Today I will _____

Learn to enjoy the small, simple things in life: a night together watching TV, a Sunday afternoon grilling burgers in the backyard, a morning watching your kids play T-Ball.

3. Today I will _____

What gets appreciated gets repeated. If you want an action to continue, be sure to say thanks.

Appreciation is the glue that holds relationships together.

4. Today – and every day – I will _____

Remember "Sweetie." The last words she heard were the words, "I love you."

**Next Week
I Quit Complaining!**