

How to Feel Twenty Years Younger



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Part 9: Live Cause-Driven

A lot of people aren't happy because they've allowed themselves to get ingrown.

There should be something that we're living for that's bigger than ourselves. If we're only focused on ourselves, we won't reach our highest potential.

We all need a reason to get out of bed in the morning. Our attitude is: *I'm on a mission. I have an assignment. Somebody needs what I have and is counting on me. I'm going to be a positive force for good in my neighborhood, in my family, and in my workplace.*

How to Find My Cause

1. **Ask God to open up your eyes to _____**

Example: David standing up to Goliath.

"Is there not a cause?" (1 Samuel 17:29)

He was saying, "You may be afraid, but this giant is not going to dishonor my God. This is a cause worth fighting for."

The Crown was in the Cause. Without the cause, he would never have become king.

Like David, your crown is going to be found in a cause.

2. Start _____

Example: Dr. Todd Price.

“From the time I was a little boy, I always prayed that God would send a wealthy person to help children in need ... I never realized that I would become that person.”

The Bible says, “When you help the poor, when you feed the hungry, when you lift the fallen, then your light will break forth like the dawn.” (Isaiah 58:7-8)

3. Stay _____, stay _____

Example: Jesus in the Garden of Gethsemane.

“Jesus endured the pain of the cross, looking forward to the joy that was coming.” (Hebrews 12:2-3)

Because He was focused on the cause, He was able to endure the pain of the moment.

God didn't bring you here to leave you.