

Do the New You



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Part 1:

I'm Not Stuck Unless I Stop

"Just do you."

Here is what God says about you:

- You are beautiful.
- You are blessed.
- You are loved.
- You are valued.
- You are special.
- You are a masterpiece.
- You are one of a kind.
- You are uniquely gifted.
- You are irreplaceable.

God has known you since before you were born. He knows the person He created you to be. He knows what He put in you ... and what He's calling out of you.

"Before I formed you in the womb, I knew you. Before you were born, I set you apart. I appointed you as a prophet to the nations."
(Jeremiah 1:5)

Example: Jeremiah the Prophet

Do The (K)new You.

I'm Not Stuck Unless I Stop.

Action Step: Commit to Progress.

How do you get unstuck?

1. Don't argue _____ your limitations.

Les Brown: "If you argue for your limitations you get to keep them."

We need to add another sentence to that motivational phrase. "If you argue for your limitations, you get to keep them. ***But if you agree with God about your potential, you get to grow into it.***"

"We seemed like grasshoppers in our own eyes, and we looked the same to them." (Numbers 13:33)

"The Lord has surely given the whole land into our hands; all the people are melting in fear because of us." (Joshua 2:24)

2. Defy your _____

Example: Joshua

"No one will be able to stand against you all the days of your life. As I was with Moses, so I will be with you; I will never leave you nor forsake you. Be strong and courageous, because you will lead these people to inherit the land I swore to their ancestors to give them." (Joshua 1:5-6)

Your default is not your destiny. It's just where you are today and it's how you act right now.

3. Do the thing that you would do.

When you aren't where you want to be yet, do the thing that you would do if you were already there.

In other words, ask yourself what you would do if you didn't have the limitation, the obstacle, the giant standing in your path. Then do whatever you can to head in that direction – even if it's only a tiny step.

That's what commitment to progress is all about. That's how you get unstuck. That's why you never stop. Success doesn't come through superhuman feats of strength; success is found in every step you take in the right direction.