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The Secret of
Inner Beauty
Part 8: Gentleness



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**I am confident.
I am secure.
I can rise above this.**

1. You can be in the storm, but ... _____.

The Bible tells of a time when Jesus was in a small boat when suddenly a fierce storm came up. (Mark 4:35-41) The boat was battered by the wind and the waves, but Jesus remained cool, calm, and in control. The reason Jesus was able to bring calm to that situation was because He had peace inside Himself. He was in the storm, but He didn't let the storm get in Him. You can be in the storm, but don't let the storm get in you.

2. Use your faith to _____.

Be like the Apostle Paul. Paul experienced all kinds of heartache, conflict, and difficulties. But he said, "In spite of all this, we are more than conquerors." (Romans 8:37) That's the kind of attitude that we need to have. Don't use your faith to get rid of your problems. Use your faith to remain calm in the midst of your problems.

3. To get rid of your pest, _____.

Like an eagle, rise above it. Don't sink down to your opposition's level. Don't argue; don't try to pay somebody back; don't give them the cold shoulder. Be the bigger person. Remain calm and confident. Have a gentle spirit. (See Isaiah 40:29-31)

4. You can feel confident and secure ...

- God wants to bless you and longs to be good to you!
- No weapon formed against you shall prosper.
- Even if they meant it for evil, God can use it for good.
- Goodness and mercy are following you every day.
- All things are working together for good in your life.
- Blessed is the man who honors God.
- Blessed are those who obey the Word of God.
- Blessed are you even if you suffer for doing right.
- Blessed is the man who trusts the Lord, whose confidence is in Him.

(See Isaiah 30:18, Isaiah 54:17, Genesis 50:20, Psalm 23:6, Romans 8:28, Proverbs 28:14, Luke 11:28, 1 Peter 3:14, and Jeremiah 17:7.)