

**Don't surrender control to _____,
do surrender control to _____.**

Let go – and let God. Put your entire life in God's hands. He can make more out of it than you can.

Don't just go with God. Put God in the driver's seat.

Here is how the Bible puts it: "Trust in the Lord with all your heart; do not depend on your own understanding. Seek His will in all you do, and He will direct your paths." (Proverbs 3:5-6)

The Secret of
Inner Beauty
Part 9: Self-Control



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Introduction

What is the secret of inner beauty?

The answer is quite simple. People who allow “the fruit of the spirit” to grow within them will be people known for their beautiful personality.

The Bible says, “But the fruit of the spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control.” (Galatians 5:22)

These are the very qualities that create inner beauty and an attractive personality. Each week we will focus in-depth on one of these qualities.

The Secret of Self-Control

**We can't control our _____,
but we can control our _____.**

You have the power to choose your reactions. Don't give away your power.

Jesus said, "No one can take away your joy." (John 16:22) No circumstances can take it away. No interruption can take it away. You have to give it away!

**When you allow someone to _____,
you're allowing that person to _____.**

Jesus said, "Stop allowing yourselves to be agitated and disturbed." (John 14:27 AMP) Notice it's a choice we have to make.

People have a right to their opinion. You have the right to ignore them and not get offended.

What a person says about you does not define who you are. If someone walks into the room and you grow tense, you're putting too much importance on what that person thinks.